

I N D E X

John Pratico's Medical Records  
Cape Breton Hospital, Sydney, N.S.

ADMISSIONS:	March 29, 1972	Pg. 1 - 5
	December 12, 1972	Pg. 6 - 7
	April 5, 1973	Pg. 8 - 11
	September 10, 1975	Pg.12 - 17
	November 9, 1977	Pg.18 - 20
	June 5, 1979	Pg.21
	February 23, 1981	Pg.22
LETTER:	May 21, 1981 - Letter From Dr. Mian To Dr. Farrell	Pg.23 - 25



# Cape Breton Hospital

1

## DISCHARGE SUMMARY

NAME: PASTICO, John Lewis

DATE OF ADMISSION: March 29, 1972

DATE OF DISCHARGE: June 13, 1972

This 16 year old white single Roman Catholic male with Grade VII education from Sydney was admitted to this hospital on March 29, 1972 as a transfer from the Nova Scotia hospital where he was last admitted from November 29, 1971 to March 29, 1972 with a diagnosis of schizophrenia. While at the Nova Scotia hospital he was treated with large doses of phenothiazines and functioned quite well on the Adolescent Program. He was brought before the Unit Conference on Feb. 24/72 and at that time it was felt that he could not function outside of the hospital and it was therefore recommended that he be transferred to the Cape Breton Hospital. This patient has two previous admissions to the Nova Scotia Hospital.

HOSPITAL COURSE: The patient was initially admitted to M.C. 3 and treated with phenothiazines. He found it difficult to adjust at first but later became quiet, helpful, and helped care for some of the defective patients. He socialized well with other patients. On admission, he would sometimes use profane language but later settled down to the ward routine and on April 19, 1972 he was transferred to an open ward. The patient went on pass with his father and on his return to the hospital on June 13th it was decided to discharge him to his father. This was done and the patient was given 10 days medication and an appointment at the mental health clinic on June 24/72.

Diagnosis: Schizophrenia

DISCHARGE MEDICATION: Thioridazine (Mellaril) 200 mg. t.i.d.  
Trifluoperazine (Stelazine) 5 mg. t.i.d.  
Benztropine Mesylate (Cogentin) 2 mg. t.i.d.  
Fluphenazine 1 c.c. I/d weekly.

Signed,

M.A.

M.A. Mian, M.D., B.R.C.P. (C)  
PSYCHIATRIST

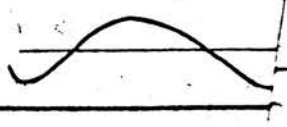
mlr

Patient: Patricia - John

Page:

Case No.

DATE	NOTES
Mar 29/72	New pt. admitted to MC-3 as a transfer from the New State Hosp. Quiet on admission. Socializing well. Veronica Delay R.W.
Mar 29	Asked to put his "3 Day Notice" in as he doesn't like it here. States his parents will be very upset once they see the ward his on. Requesting marks of his to definitely stay in the ward - making beds, bathing mentally defectives etc. Co-operative. Active but not overly so. Picking up moppets etc. after other pts.
Mar 30/72 00-1600	Pt. very quiet and co-operative on ward. Helpful to defectives Socializing well. Spent a good day. Veronica Delay R.W.
3-72 (1600-2400)	Very co-operative. Very helpful - can't do enough to help. Socializing very well. Picking on Mike from earlier in P.M. + wouldn't leave Mike alone. Became very good later in shift. Attended for well behaved.
Mar 31/72	Quiet + co-operative - Helpful visited pt. today, appears fine about pt. Well behaved - Spent day.



Patient:

Prattis, John

Page: # 2

Case No.

DATE	NOTES
1-3-72	Co-operative. Very helpful. Slightly well-behaved. No behavior problem tonight.
nil 1/72	Arita Meekman
10-1600	Pt. quiet and co-operative on ward. Helped with defectives. Father visited today. No management problems. Spent a good day. America Dilroy R.N.
11-9-72	Quiet and co-operative on ward. Has be paucy @ Times. M. Brown brother's John @ Times this reports John. V. Dilroy R.N.
11-19-72	Behaviour good on ward. Socializes well to staff and patients. Transferred to MC2. John H. Farrell R.N.
11-22-72	Pt states brother and aunt also have "bad nerves" Ascribes his "bad nerves" to 3 years misuse of alcohol. Says Dr. E. Gunn prescribed "Phenolans" from Jan/71 to July/71 when he ceased its use. "I had a seizure, but didn't take pills anymore." He and Dr. Donovan (Mental Health Clinic) his MD's previously.

PSYCHIATRIC NOTES

Patient:

Cratico - John L.

Page:

4

Case No.

DATE	NOTES
Jul 28/72	<p>The patient was restless and agitated, using profane language at times and at other times being polite and friendly. Hygiene good. Helps out on the ward and looks out for other patients. When talking with student he repeatedly stated that he didn't have long to live. He refused to elaborate on this statement.</p> <p>R. Peaney (SNA) / L. Hammond R.M.</p>
Aug 8/72	<p>John can be quite helpful on the ward and thrives on encouragement and praise. However at times he can become quite boisterous, using profane language and shouting at staff and other patients. He seeks attention and at times it seems as if he were looking for sympathy. Several evenings ago he seemed quite upset and actually began to cry. I took him aside to talk. He stated that his twin is getting married and he does not - she is too young, and worries him tremendously.</p> <p>R. Peaney (SNA) / L. Hammond R.M.</p>

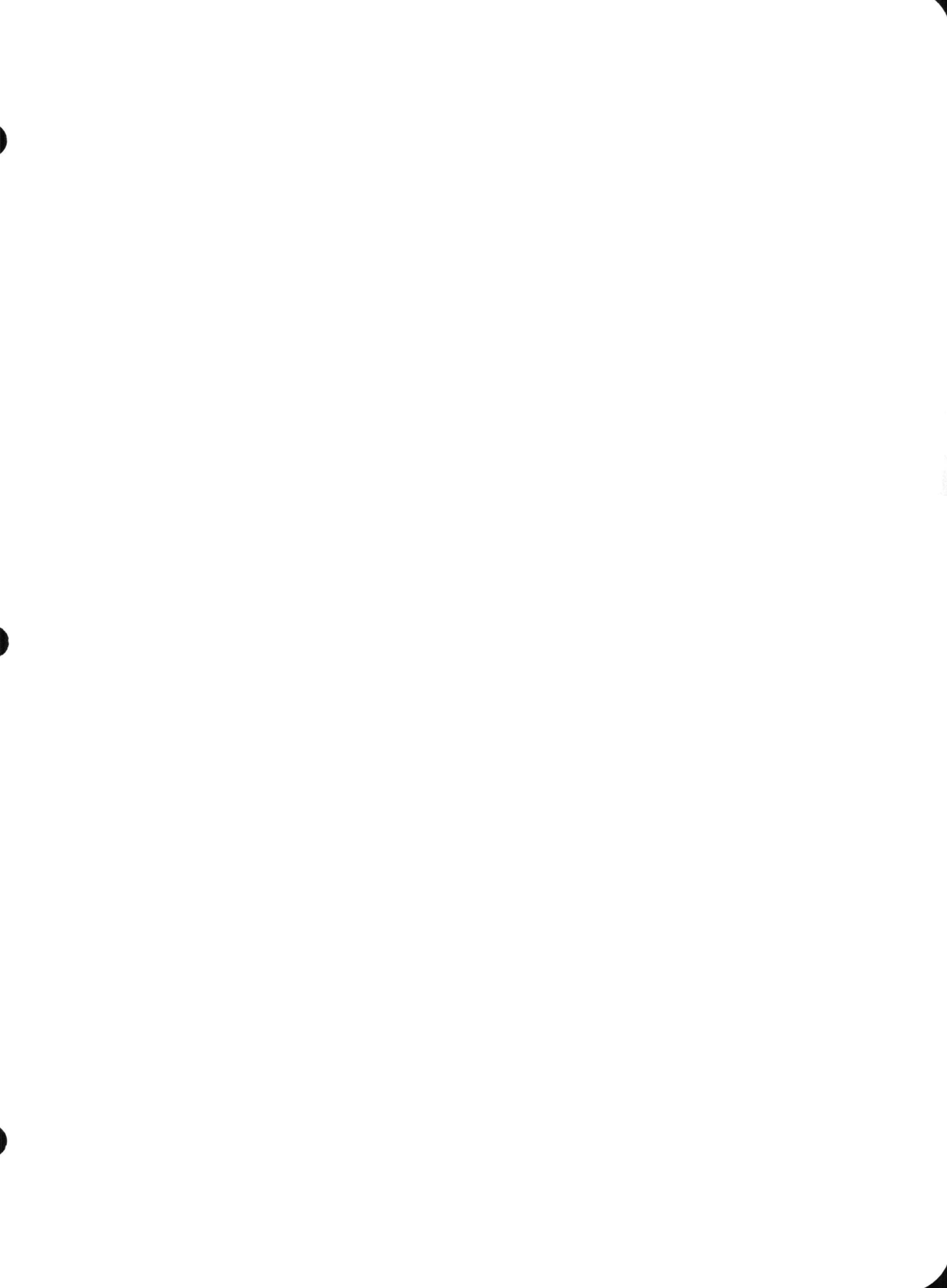
PSYCHIATRIC NOTES

Patient: *Protacio John*

Page: 5

Case No.  
72-00039

DATE	NOTES
May 11-72	John went over to Wessles and stole a pair of boots worth \$18.00 and a cigarette lighter. He denied this all day & day. <i>H. McNeil R.D.</i>
May 12-72	John admitted taking articles and when group leader discussed problems Dr. Mison, he transferred John to Mc III for a month. <i>H. McNeil R.D.</i>
21 May/72	John has outbreaks - usually physically at times. He appeared to be quite aggressive. It takes very little - just say "no" to one of his requests - and he'll start in verbal abuse and may progress to hitting or picking tables & chairs. At times, he appears to be settling in Mc III - at other times makes no effort to settle in at all. <i>Anita Traubman</i>
May 10/72	Out on pass to father @ present. <i>John A. Ford R.D.</i>
May 13/72	Returned to father today from you. Father states he is functioning very well at home. Discharged on 10 days medication. Appointment at Mental Health Clinic June 24/72. <i>John A. Ford R.D.</i>





# Cape Breton Hospital

6

## TRANSFER NOTE

NAME: PRATICO, John

DATE OF TRANSFER: December 12, 1972

This patient was transferred to this hospital from the Nova Scotia Hospital on March 29, 1972 after he was treated for his schizophrenic illness. He was discharged from this hospital on June 13, 1972 after he had settled down considerably on Thioridazine 200 mgs., Trifluoperazine 5 mgs. Benztropine Mesylate 2 mgs., all t.i.d. with I/M weekly injections of Flupiperazine 1 c.c., to the care of his father.

On the evening of December 7, 1972, he was brought to the hospital by the police when he was shouting, aggressive, restless and unmanageable. On the ward, he started hitting the patients without any reason and was expressing frank delusions against everybody at home. In addition, he was drinking liquor, almost anything he could get, including shaving lotion, etc. He also has some family problems—his father is living with another woman and his mother is living with another man and there is nobody at home to identify with. He has no work record and there are some financial hardships as well. He is more of a behaviour problem than anything else. He has calmed down slightly on the following medication: Chlorpromazine 100 mgs., Trihexyphenidyl 2 mgs. both t.i.d. with Valium 50 mgs. I/M b.i.d.

Thank you very much for accepting this patient.

Signed,



M. Labib, M.D., D.P.M., M.R.C. Psych.

nlr

Patient:

Pratico John

Page:

Case No.

DATE

NOTES

Dec 7/72

This patient was admitted ambulatory accompanied by city police. Patient very quiet and co-operative on admission. Socializing well with staff and other patients. Dr. Han stated that this patient could be dangerous if he did not get into the hospital and therefore wanted him admitted for the night.

Bence Maphson

Dec. 11/72

This patient's behavior has improved somewhat in the last day or so. He is more cooperative and less hostile than previous.

Spends his time socializing with other patients and takes part in ward activities.

K MacNeil RN

Dec 12/72

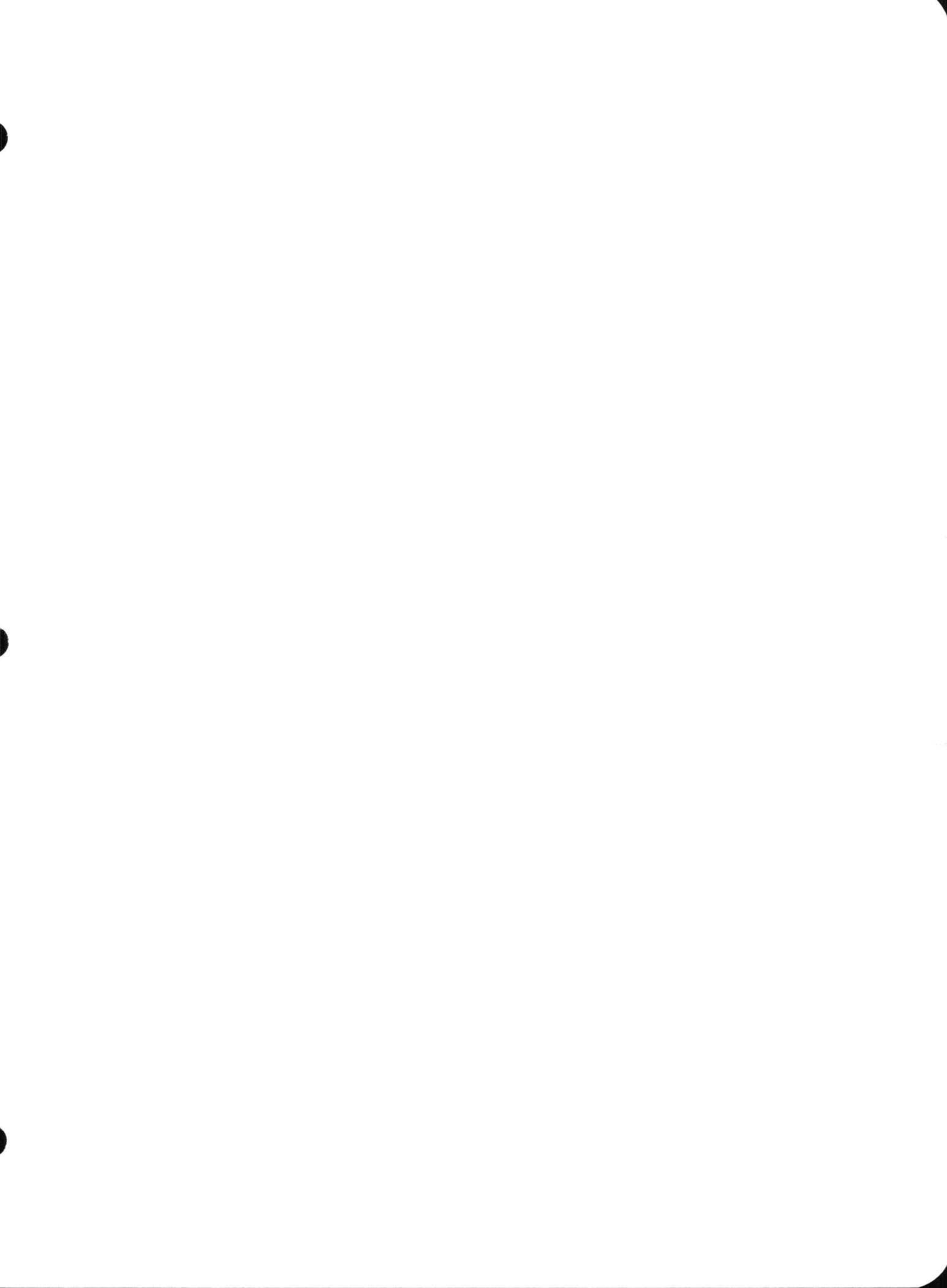
John is scheduled to be transferred to the Nova Scotia Hospital this AM. at approx 9am. He is quiet and more cooperative at present. Does not appear to mind being sent to Dartmouth.

K MacNeil RN

Dec 17/72

Transferred to N.S. Hosp & belongings.

V. Helms RN



# Cape Breton Hospital

## DISCHARGE SUMMARY

PATIENT: PRATICO, John Lewis

M.S.I. # 110-929-841-01

DATE OF ADMISSION: April 5, 1973

DATE OF DISCHARGE: April 12, 1973

This (19) year old white single male from Sydney was readmitted to this hospital on the above mentioned date as a voluntary patient.

He was attending a meeting of Community Friends in Sydney when he became quite upset and agitated. It seems that he had had his medication reduced a bout three weeks ago and since that time he had been experiencing visual hallucinations, was agitated, depressed, and apprehensive. He was admitted here so that his medication could be stabilized. The patient also related that he was not getting along very well with his father at home.

HOSPITAL COURSE: This patient was admitted to an open ward where he adjusted quite well. He was cooperative to the ward rules and got along well with the staff and other patients. He was stabilized on medication and settled down enough to be discharged on April 12, 1973 back to his father.

DISCHARGE MEDICATION: Chlorpromazine 100 mgs. b.i.d. and 200 h.s.  
Trihexyphenidyl 2 mgs. b.i.d.

DIAGNOSIS: Schizophrenia

FOLLOW UP: Patient was given a 10-day supply of medication and will continue to attend the local mental health clinic.

PATIENT'S ADDRESS: 212 Henry Street,  
Sydney, N.S.  
Tel: 566-6535) Neighbour  
539-3146)

Signed,

M. A. Mian, M.D.  
PSYCHIATRIST

ADMISSION FORM

9

Admission No. 73-00049 Date April 5, 1973 Time of Admission 1615 hrs Receiving Ward MCT

Name John Pratico Religion Roman Catholic

Address 212 Henry Street, Sydney

SEX <u>Male</u>	MARITAL STATUS <u>Single</u>	DATE OF BIRTH <u>December 31, 1954</u>	M.S.I. NUMBER <u>110-929-841-01</u>
STATUS ON ADMISSION: VOLUNTARY <input checked="" type="checkbox"/>		CERTIFIED <input type="checkbox"/>	WARRANT <input type="checkbox"/>
FIRST ADMISSION <input type="checkbox"/>		RE-ADMISSION <input type="checkbox"/>	
NEXT OF KIN:	NAME <u>Lewis Pratico</u>	RELATIONSHIP <u>Father</u>	
	ADDRESS <u>212 Henry Street, Sydney</u>	PHONE NUMBER <u>564-6535</u> <u>539-3146</u> (neighbor)	
REFERRING PHYSICIAN:			
DENTURES:	UPPER <input type="checkbox"/>	LOWER <input type="checkbox"/>	PARTIAL <input type="checkbox"/>
	GLASSES <input type="checkbox"/>		HEARING AID <input type="checkbox"/>

CLINICAL CONDITION: (including H.P.I., Drug and Food Allergies)

This 18 yr old single w/m, readmitted, history of schizophrenia, has been restless, agitated, tense & experienced visual hallucination after his medication was reduced about 5 wks ago. After his condition is stabilized he will be discharged.

PROVISIONAL DIAGNOSIS:

Schizophrenia, acute

ADMISSION ORDERS:

CPZ 100mg B.D. & 200mg H.S.  
St. Dr 500mg H.S. prn.

*[Handwritten signature]*

Admitting Officer.....

PSYCHIATRIC NOTES

Page: 10

Case No. 73-0000

Patient:

PRAATICO John

NOTES

DATE

April 5-1973 White - 18yr. old male - admitted voluntarily - accompanied by Social Worker. Had been in a group meeting when he felt tense and nervous. States that he has been hearing voices and noises for the past few weeks. Seemed agitated on admission but settled well into ward routine. Pleasant and co-operative and seems anxious to please. Has been seen by Dr. Nixon.  
Carole Mai Neil RN.

April 8/73. 8-4: John is very pleasant and co-operative on the ward. Socializing well with staff and patients. Family visited today. Does not appear to be tense or nervous today.  
Lesal Labusch

April 7/73 4-12 John has been quite loud & boisterous on ward the last two evenings. John has not been a management problem but he is on the verge of being easily led by another pt - Wilf Roach - who can easily become a problem if involved with John. Co-operates whenever possible and responds well when discipline is necessary.  
Jay McAnis RN

April 12/73

Patient: *Aratio, John.*

Case No.

77

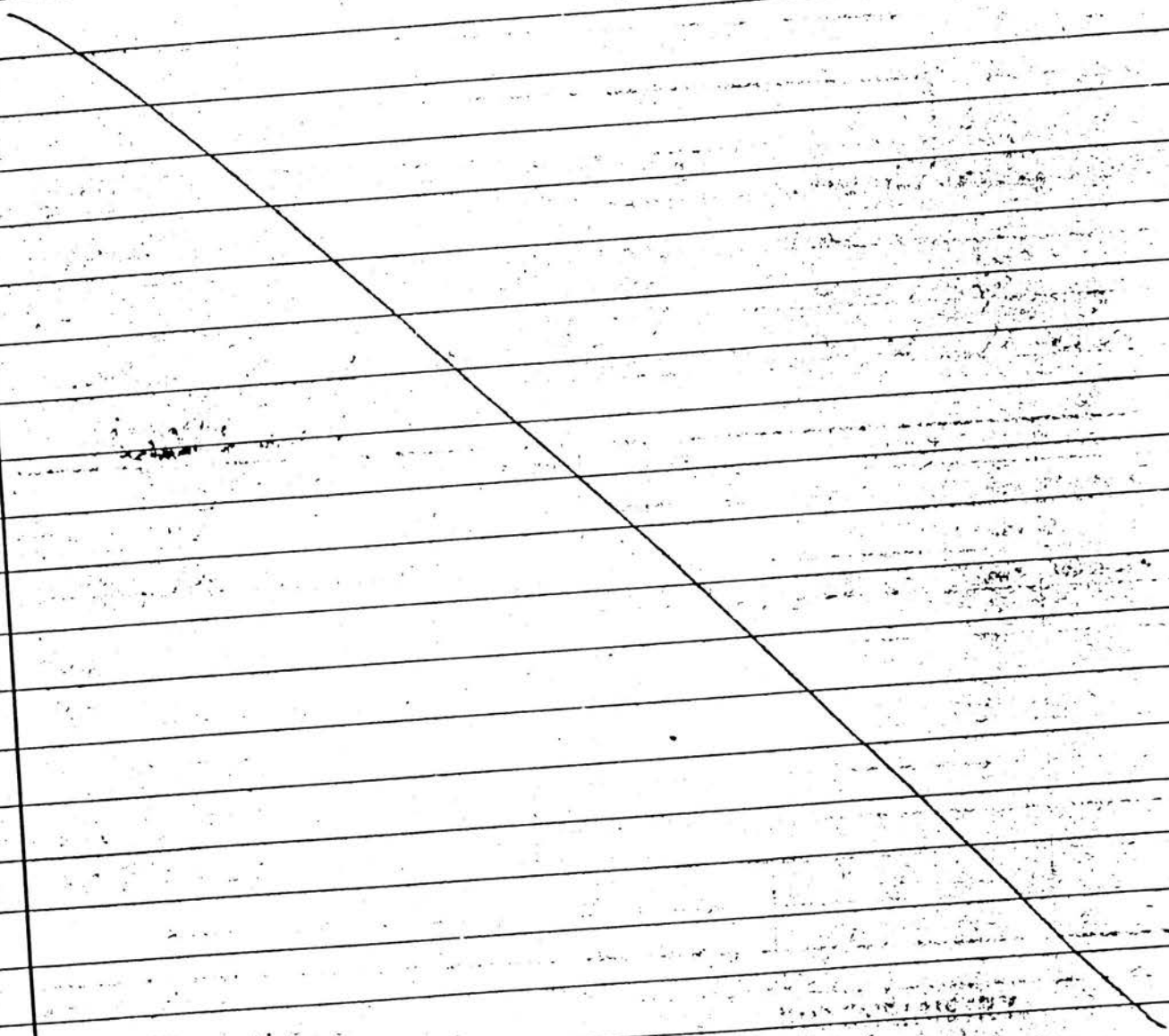
NOTES

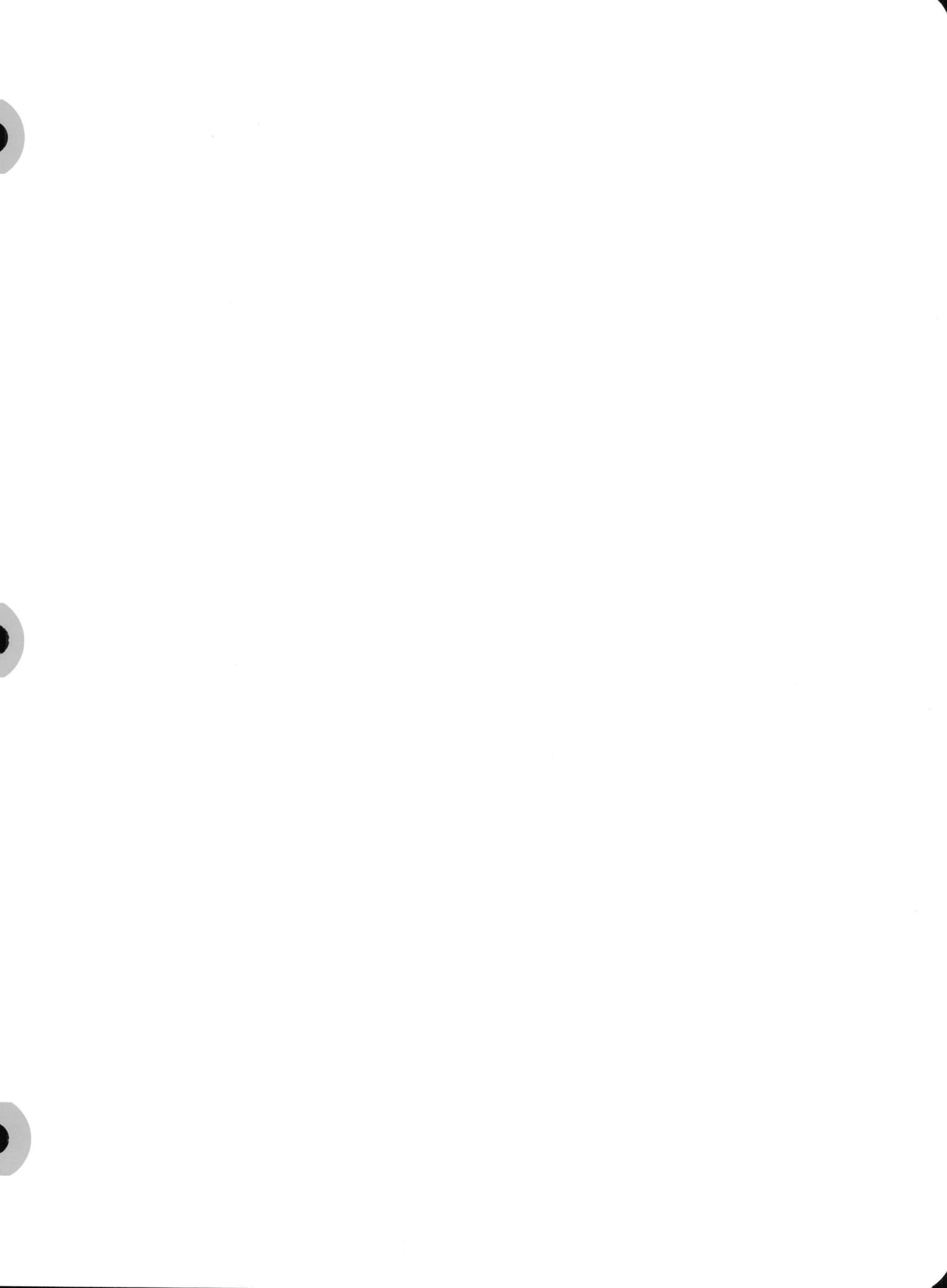
DATE

*1. 12/73*

*Discharged and gone today accompanied  
by his mother. Appeared very anxious to go  
home.*

*JM. Thomson R.N.*







CAPE BRETON HOSPITAL  
SYDNEY RIVER, N. S.

12

DISCHARGE SUMMARY

Name..... PRATICO, John ..... Address 212 Henry Street .....  
Date of Admission September 10, 1975 ..... Sydney, Nova Scotia .....  
Date of Discharge September 18, 1975 ..... Certified Voluntary  Warrant .....  
Date of Birth December 31, 1954 ..... Trial Period Expires .....  
M.S.L. Number 119-929-841-01 ..... (Patient can be returned on original certification  
papers up to date indicated.)

This 21-year-old single male was re-admitted to this hospital as a voluntary patient on the referral of Dr. E.C. McDonagh. He has been previously treated at the Nova Scotia Hospital as well as the Cape Breton Hospital. Since his discharge in April of 1973, he has been attending the local Mental Health Clinic and has always reacted adversely to the crisis situation precipitated due to poor social, economic, and poor interfamily relationships. Apparently his father was admitted to the local hospital and there was no one at home. He became agitated, anxious, apprehensive, and depressed.

On admission he appeared of the stated age, very tense, anxious, and somewhat agitated. His mood and affect was of psycho-motor excitation. There was no overt evidence of any psychotic manifestations. There was no evidence of any delusions, hallucinations, or any organic manifestations. Judgment and insight were poor.

DIAGNOSIS: Schizophrenia

HOSPITAL COURSE: During his stay in the hospital he settled down to the ward routine and his tension level reduced. He was able to talk about his problem in a more goal oriented fashion, and he was discharged on September 18, 1975.

Discharge Medication:

Fluphenazine 1 c.c. I/M  
q2 weeks - due Oct. 1/75

Signed,

Haloperidol 2 mg. b.i.d.

Chlorpromazine 100 mg. t.i.d.

Trihexyphenidyl 2 mg. b.i.d.

M.A. Mian, M.D.  
PSYCHIATRIST

ADMISSION FORM

Admission No. 7500120 Date Sept. 10, 1975 Time of Admission 1445 hrs Receiving Ward m.c. 2

Name John Pratica Religion R.C.

Address 712 Henry Street, Sydney, N.S.

SEX <u>Male</u>	MARITAL STATUS <u>Single</u>	DATE OF BIRTH <u>December 31, 1954</u>	M.S.I. NUMBER <u>110-929-241-01</u>
STATUS ON ADMISSION: VOLUNTARY <input checked="" type="checkbox"/>		CERTIFIED <input type="checkbox"/>	WARRANT <input type="checkbox"/>
FIRST ADMISSION <input type="checkbox"/>		RE-ADMISSION <input checked="" type="checkbox"/>	
NEXT OF KIN:	NAME <u>Dr. Louis Pratica</u>	RELATIONSHIP <u>Son</u>	
	ADDRESS <u>712 Henry St. Sydney, N.S.</u>	PHONE NUMBER <u>—</u>	
REFERRING PHYSICIAN:	<u>D.C. McDonagh, M.D., Psy. A. Green, M.D. - Family Physician</u>		
DENTURES:	UPPER <input type="checkbox"/>	LOWER <input type="checkbox"/>	PARTIAL <input type="checkbox"/>
	GLASSES <input type="checkbox"/>		HEARING AID <input type="checkbox"/>

CLINICAL CONDITION: (including H.P.I., Drug and Food Allergies)  
 This 21 year old male was referred for voluntary admission through Dr. Mc Donagh. He has had several admissions to the Nova Scotia Hospital and the Cape Breton Hospital. His last admission was from April 5, 1973 - April 13, 1973. Since his discharge, he has been attending the mental health clinic. Conditions at home have not been the best. He does not get along well with his father. The past several weeks he has been experiencing hallucinations, was agitated, paranoid and apprehensive. As a result, Dr. Mc Donagh referred him to hospital for review and stabilization of his medication. To be admitted to m.c. 2 for a short period of time.

Schizophrenia

ADMISSION ORDERS:

Fluophrizine 1 c.c. q/m q 2 wks. - last one on Sept. 3/75  
 Haloperidol 2mg B.I.D.  
 Chlorazepate 100mg T.I.D. & p.m.  
 Trichlorpuly 2mg B.I.D.

Admitting Officer [Signature]

Patient:

John Gratico

Page:

Case No.

DATE

NOTES

~~Sept~~ Sept 10/75

1545

This 21 year old male was admitted to meq for stabilization of medication. He was very over active, talkative, & agitated. pt is suspicious towards other pts & staff. eg. That there was ~~excess~~ alcohol on the ward, and other pt's were drinking it, and that it should be reported.

Ann Capitick <sup>cna.</sup>~~100,0800~~

100,0800

Thursday Sept 11/75

Slept well. Pleasantly Co-operative  
this am. Jean Chanson

~~300-1600~~

While opening the dining room this morning John approached me saying "Give me your key, I'll spend it." He was pushing his way in to open the door. When the door would not open he closed his fist and raised it to the door. He has been very active on the ward all day asking if he could help

Patient:

John Patrick

Page:

Case No.

DATE	NOTES
11/25	staff. This afternoon he came in the dayward behind a female patient. He asked "Is she burning from the patients?" He then frowned and raised his fist behind her back.
1600 2400	John tries to take charge of the ward pushing other pts around. He stormed into the office pushing Dennis Tucker demanding he empty his pockets because he might have something harmful in them. He watches the other pts so he can report them. He told me later in the evening "There's going to be trouble on this ward soon". I then said to him "not unless you start some", he seemed to accept this and wanted to know if there were any jobs for him to do.
0800/1600	While taking John's B.P. this morning he stated, "You're supposed to put the cuff on tighter than that." When asked where he took his training he replied "I don't have any training but

Ann Capstick case

Patient:

John Prathio

Page:

Case No.:

DATE.	NOTES.
12/12/75	who says you have to be right?" John has been following staff around during the day and asking if he could help with the work.
1600 2400	John is constantly following staff around. He is very willing to be helpful. also John is very bossy with other patients and some times he tries it to staff. John told me tonight he is waiting for his father to bring his check for \$158.00. He said his father better bring it in by tomorrow or else he would punch him in the mouth when he sees him. He is also complaining a lot about the food he gets here.
800 -1600	John <del>st</del> has been complaining about the food today. States " That food is busy, I wouldn't feed that to a rattlesnake." His mother visited today. Continually following staff around. He asked for a light for his cigarette while sitting in the dayward. When told to give back the matches he stated "I know better. It's nice to be trusted!"

Gloucia Brady was

Lorraine Lennick

Gloucia Brady was

# PSYCHIATRIC NOTES

17

Patient:

Pratico, John

Page:

Case No.

DATE	NOTES
5-9-75	<p>1601-2400 -- Pt very feisty on ward - fought with Wanda Melnick, Sougie Jameson, Steve Harwell &amp; <del>David</del> <sup>slapped</sup> David Blackmore a face at supper time. Asking to go to MC3 to calm down. Sent to 3rd flr 2 hrs. Much better on return to ward asking "if he can do any work." Extremely talkative</p>
18/9/75	<p>Discharged today. Appointment made at clinic, clothes list signed &amp; received his clothes &amp; money for ward job. Meds given. J. Maclean.</p>



# PSYCHIATRIC NOTES

Patient: John Pratico

DATE  
10/27  
00-240

### NOTES

John took part in all the ward activities this p.m. John try to be one step ahead of the staff. Ex. Carrying matches this p.m. Stated someone gave them to me. Thought them on the floor when he seen staff approaching him. Stating that the other pts were crazy.

Karel Lacey cna

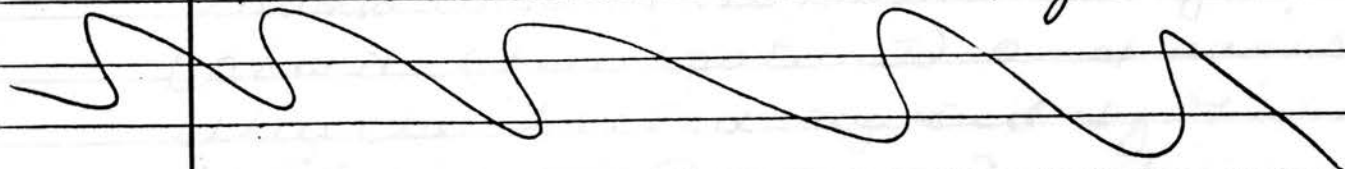
11-77 Pt slept well. Very talkative this am.  
0800 socializing w other pt.

Dana Druber cna

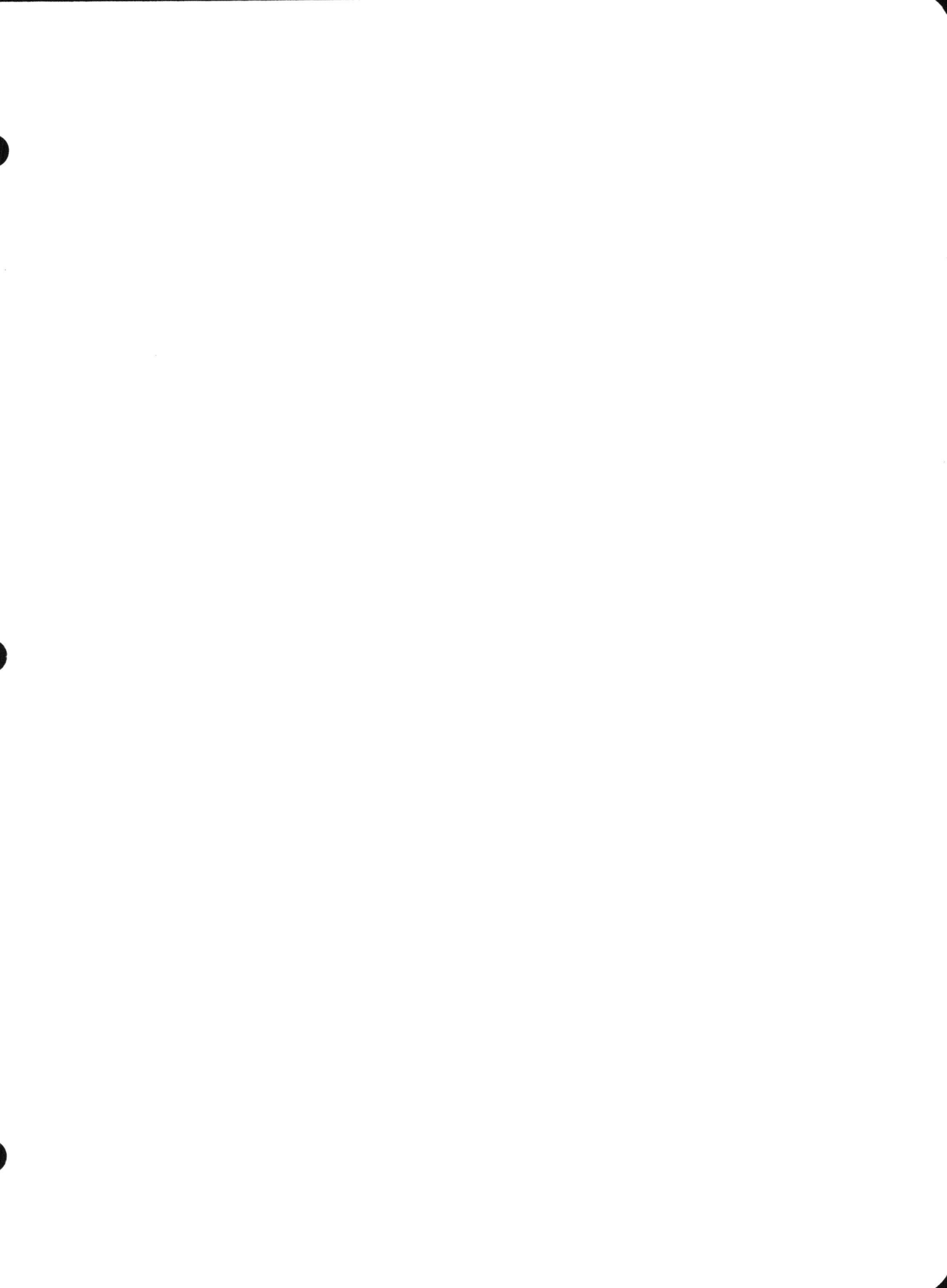
00-1600.

John has to be reminded to take care of his personal hygiene. He tends to dress sloppily and go about with his hair uncombed. John slouches in the chairs with his feet up on the table or on other chairs unless asked to remove his feet from the furniture. John speaks in a very demanding manner to staff such as "C'mon here, you" or "you do this." John will cooperate with ward procedures just as long as he is not without some insulting remark.

Jackie Roach cna







STATISTICAL AND CLINICAL  
HISTORY SHEET

21

PRATICO, JOHN LEVIE  
CBH E UNIT NO. 2084  
31/12/84 110/926/841/01  
M.A. HIAN / A. VANDENBERG

Unit No. 2084 Date June 5/79  
Time of Referral 10:45 AM Unit E

Name Pratico, John

Address 170 Mount Pleasant St. Sydney

Religion R.C.

Sex m Marital Status Single Date of Birth Dec. 31, 1954 M.S.I. Number 110-929-841-01  
Referral for Observation: Informal  Formal   
Initial Observation  Re-Observation

Next of Kin: Name Louis Pratico Relationship father  
Address 212 Mount Pleasant St. Sydney Phone Number 539-1484  
Mr. Orskell (relative)

Referring Physician: Dr. Bean

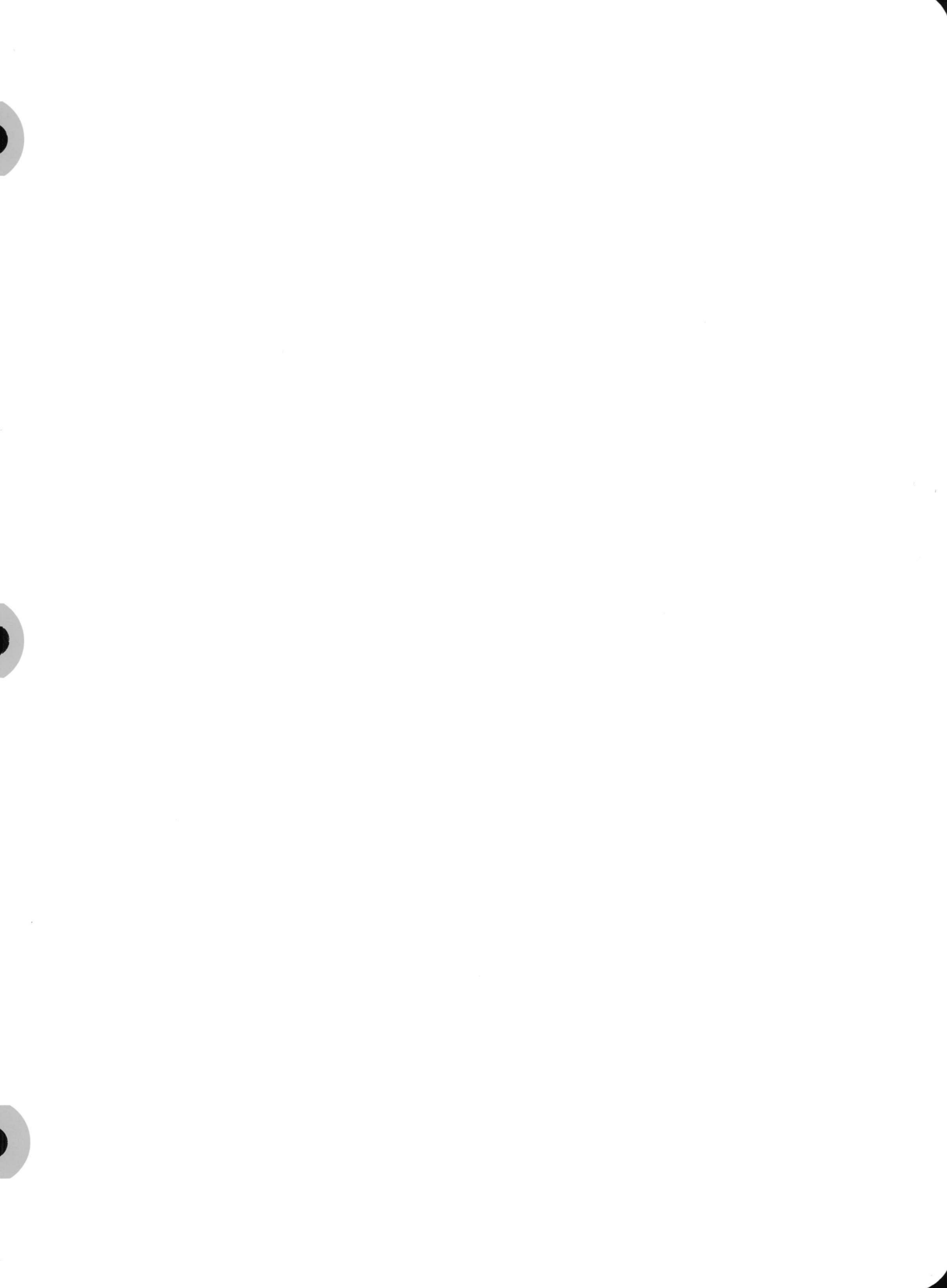
Dentures: Upper  Lower  Partial  Glasses  Hearing Aid

CLINICAL CONDITION: (including H.P.I., Drug and Food Allergies)  
A 24 yr. old caucasian male referred by Dr. Bean as an informal person under observation. John had been at the clinic today to see Andy Crossman, Social Worker and it was through this interview that John presented to us. He had told Mr. Crossman that he was hearing voices that told him "to do away with myself". Admits to making up at night in each breath, scared and feels someone is watching him. The medication is on is like "taking candy", feels it should be stronger.

During our conversation John could not seem to make contact. Says he's had eye trouble all his life. Was pleasant & cooperative but unable to recall exact dates of previous hospitalizations to here & the T.S.H.

PROVISIONAL DIAGNOSIS: Schizophrenia

PHYSICIAN'S ORDERS:  
Fluphenazine 1cc qm q2wks. (last dose May 31/79)  
Fluzepam 15mg HS.  
Methotrimeprazine 50mgm BID + HS.  
Zeldax 5mgm qm & p.o. q4<sup>o</sup>pru.  
T.O. Dr. Brian Buchanan, Admitting Officer Brian Buchanan



STATISTICAL AND CLINICAL  
HISTORY SHEET

22

STATICO, JOHN LEWIS  
H E UNIT NO. 2064  
31/12/84 110/929/841/01  
M A. DEAN / A. ANDENBERG

Unit No. 2064 Date February 23, 1981

Time of Referral 15:50 Unit E

Name John Lewis Pratico Religion R.C.

Address 28 Kings Road, Sydney, N.S.

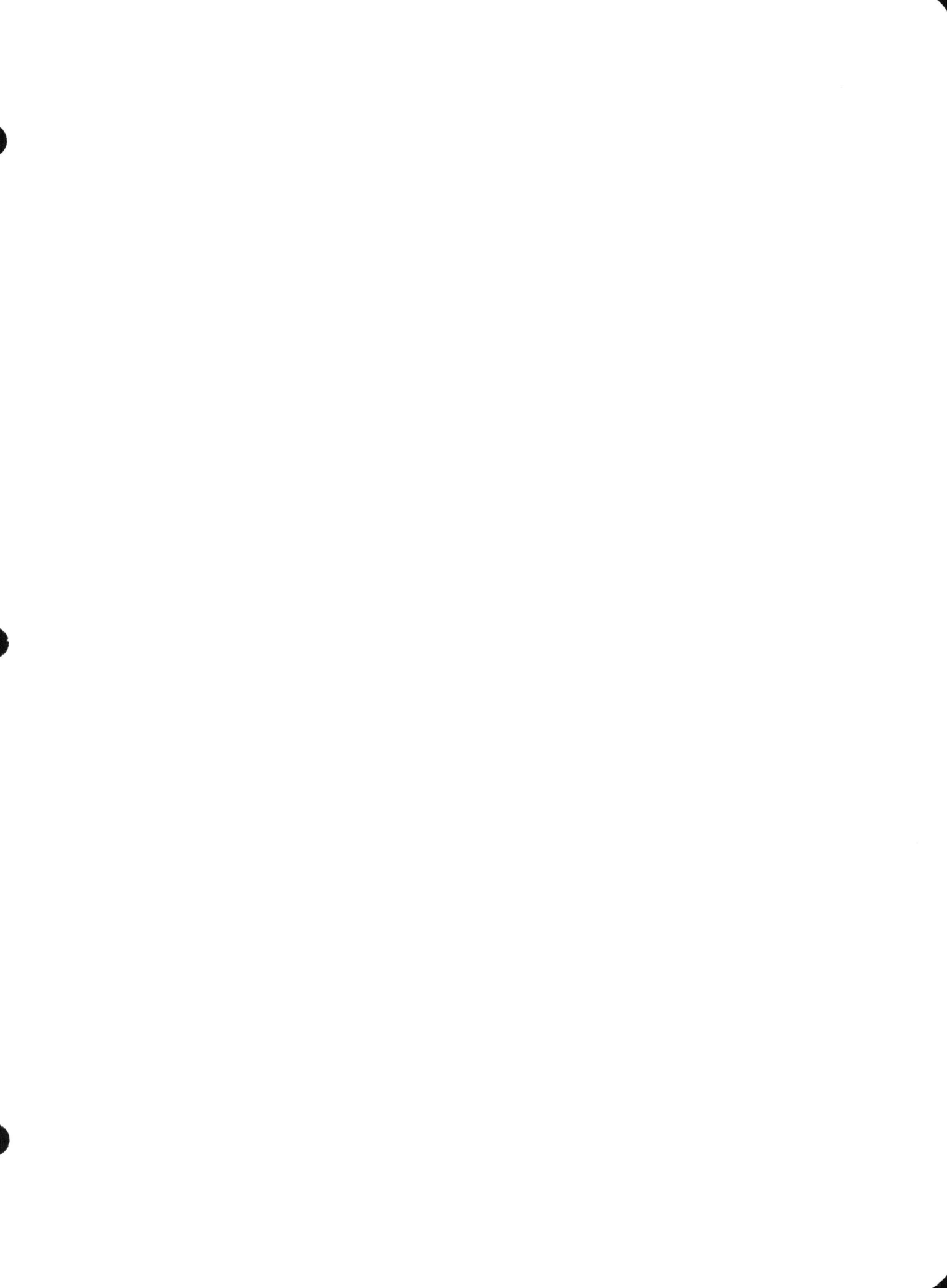
Sex <u>Male</u>	Marital Status <u>Single</u>	Date of Birth <u>December 31, 1954</u>	M.S.I. Number <u>110-929-841-01</u>
Referral for Observation:		Informal <input checked="" type="checkbox"/>	Formal <input type="checkbox"/>
		Initial Observation <input type="checkbox"/>	Re-Observation <input type="checkbox"/>
Next of Kin	Name <u>Mr Lewis Pratico</u>	Relationship <u>Father</u>	Phone Number <u>539-1484 (State)</u>
	Address <u>212 Henry Street, Sydney, N.S.</u>		
Referring Physician:	<u>Dr. P. Murphy</u>		
Dentures:	Upper <input type="checkbox"/>	Lower <input type="checkbox"/>	Partial <input type="checkbox"/>
	Glasses <input type="checkbox"/>		Hearing Aid <input type="checkbox"/>

CLINICAL CONDITION: (including H.P.I., Drug and Food Allergies) This 26-year-old male was admitted as an informal inpatient under observation by Dr Paul Murphy. John states that he is sleepy, peevish and heavy handed. On admission John was extremely agitated. States he has been drinking off and on since Christmas. states now at times his drinking is quite heavy. John states he has not taken his medication since 10 days. He is presently on Methotrexate 50mg Qid & Fluoxetine 100mg b.i.d every two weeks. His next injection is due February 25, 1981. On reviewing John's chart it appears the man was going to increase his dosage on next clinic day. John has been attending the Outpatient Department on a regular basis.

PROVISIONAL DIAGNOSIS:

PHYSICIANS ORDERS:

Admitting Officer [Signature]



# Cape Breton Hospital

77 206

23

P. O. BOX 515

PHONE 539-3370

SYDNEY, NOVA SCOTIA S1A 5L25

B1P 6H4

PRACTICO, JOHN

2064

May 21, 1981 110/900/341/01

31/12/64

Dr. S. Farrell  
381 Eighth Street  
New Waterford, N.S.

Dear Doctor Farrell:

Re: John Pratico  
R.R. #1, Site 6  
Lingan, N.S.

John was initially referred to the Mental Health Clinic on August 16, 1970, and was seen by Dr. Binnie. At that time, he was 15 years of age and was repeating Grade 7. He was about three grades behind his peer group. It was noted by Dr. Binnie that he had been the target of other boys' aggression at school and was picked on by most of the fellows in his class. He had a difficult time controlling his temper and frustration. He was considered generally angry, unreasonable, and defiant. At times, he manifested difficulty getting along at home.

His first admission to Nova Scotia Hospital was in <sup>August</sup> October of 1971. After his discharge, he was seen by Dr. Donovan. Dr. Donovan felt that John's problems stemmed from the following situations: (1) family breakup; (2) alcoholism in the mother; (3) poverty; (4) feeling of inferiority and inadequacy; and (5) a long history of ridicule from parents and school mates which accounted for his aggressive character or psychotic outbursts of a paranoid nature.

On February 22, 1973, Dr. Donovan recommended to Dr. D.J. Tanning of Rehabilitation Division that John qualify for Provincial Social Assistance and suggested that his fitness for rehabilitation should be assessed again in 1974. At that time, John had difficulty adjusting in the community. He would periodically stay with his mother and then would return to his father.

Since then, John has been followed up through the Mental Health Clinic. He has also had multiple admissions to psychiatric institutions. Over the years, his basic personality disorder of explosive type with borderline mental deficiency with added stress manifested itself into a schizophrenic paranoid type of illness.

015185

24

11/2064

Dr. S. Farrell  
Re: John Pratico  
May 21, 1981  
Page 2

PRACTICO, JOHN

2064

110/989/841/01

31/12 '54

Now, he presents as a chronic schizophrenic whose psychotic symptoms are well-contained with antipsychotic medication. He has poor personality resources. He is unable to plan in a future-oriented fashion. Mostly, his behaviour is impulse-ridden. At times, he has a tendency to stop taking his medication. He indulges in episodic alcohol abuse.

In my opinion, he will continue to have difficulties in the community. It is difficult for me to foresee him working at a gainful occupation in a predictable fashion.

At the present time, John is maintained on Nozinan 100 mgs t.i.d. and Artane 2 mgs daily.

I hope this information will be helpful to you.

Sincerely,

M.A. Mian, M.D.

MAM:pm

CAPE BRETON HOSPITAL/BRAEMORE HOME COMPLEX PRACTICO, JOHN 2064  
 P.O. Box 515 110/929/841/01 31/10/81  
 Sydney, N.S.

REQUEST AND AUTHORIZATION TO RELEASE INFORMATION

I, John Pratico of 2411 Site 6  
~~Do~~ Lingam, N.S. authorize Cape Breton Hospital  
Outpatient Department its agents and employees to disclose and  
 release my record and any personal information pertaining to it to  
Dr. S. Farrell, New Bedford, N.S.

I release forever Cape Breton Hospital Outpatient Dept.  
 its agents and employees, from all legal responsibility or  
 liability that may arise from the said communication and disclosure  
 of information.

Signed [Signature]  
 Place New Bedford, N.S.  
 Date Aug 14, 1981

Witness [Signature]